

# CHEER ATHLETICS

CA TELFORD



# ALLSTAR DANCE

## INFORMATION PACK

SEASON 2 2024-2025





*THE WORLD NEEDS MORE CHEER...AND DANCE!*



# CHEER & DANCE ATHLETICS

is renowned for being the most successful athletic organization of its kind. Be a part of the G3FCA2A tradition and join our community of Dancers and families. It's a safe place for athletes to persevere, feel empowered, and challenge their limits.

This information pack is for our planned:

## *Allstar Dance teams for the 24-25 season*

DA Telford's **Tiny & Mini** Dance teams (approx. ages 4-8) are for dancers with some or no previous dance experience!

DA Telford's **Youth & Junior** Dance teams (approx. ages 9+) are for athletes with previous dance experience (previous dance teams/classes or dance technique classes with DA Telford).

Coaches will assess an athletes skill level and experience during tryouts along with considering an athlete's work ethic, potential and where applicable, progression and commitment during the previous season.

DA Telford has both *pom and lyrical* dance team opportunities for season 2, across *all ages*. Lyrical dance teams are usually more suitable for dancers with a little more experience. Where possible we prefer dancers to train both genres, however each applicant is considered individually during team selections.

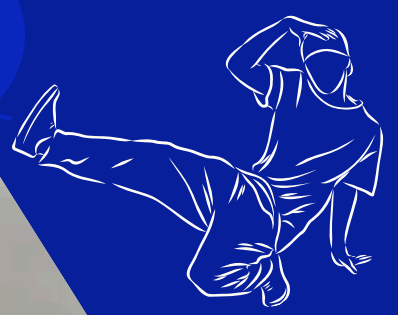
***In addition to Pom & Lyrical, for Season 2 DA Telford will be considering, for the first time ever....***



# DANCE ATHLETICS

DA TELFORD

# HIP HOP



After much demand, for the first time ever, DA Telford is considering fielding Hip Hop teams for Season 2 to be coached by the incredible Joseph Picter, Emily Overton and mentored by the World Champions Dance Athletics Denver.

Hip Hop development teams will be considered during the summer months, and a separate trial process will take place.

*More information to follow*





# COACHING AT CA/DA TELFORD


All our teams are coached by *fully qualified* cheer/dance coaches from CA/DA Telford and regularly receive coaching visits both in person and virtually by *CA/DA USA Coaches*

CA Telford are proud to work with coaches from:

*Cheer Athletics Plano*  
*Cheer Athletics Denver*  
*Dance Athletics Denver*  
*Cheer Athletics Charlotte*  
*Cheer Athletics Rochester*

In addition we are privileged to work with both in house and guest choreographers to ensure our routines truly are the best of the best!

Including:



***Jason Tiede*** CA Telford Official Cheer choreographer and assistant cheer director & tumble co director, brings his wealth of knowledge to all our cheer athletes every season with over 2 decades of experience in the Allstar industry.



***Brian Cao*** who is head of choreography at NCA, joins us every season to share his knowledge with our cheer teams.



***Joseph Pieter*** is a multi worlds winning coach & choreographer who works with our incredible dance teams.

As well as many other great and inspirational coaches and choreographers in the industry!

*We're proud of all the opportunities our athletes have at CA/DA Telford to grow and be inspired by the best in our industry!*



# ***PRACTICE & ATTENDANCE***

Dancers are expected to prioritize their participation in our program and *fully commit* to attending all scheduled practices.

Allstar Dance teams have *one practice* (provisionally on a Monday/Wednesday/Friday/Saturday) and *one technique class* per week (provisionally on a Wednesday/Friday/Saturday).

## ***EXTRA PRACTICES***

***EXTRA PRACTICES*** are scheduled for all teams during important times of the season and typically take place on the weekend. Allstar Dance usually have 3 additional 'Extra Dance Training' dates within the season, the provisional schedule for these extra practices are as follows: *9th November, 9th February, 10th May*

***#THEBESTOFTHEBEST***



# COMPETITIONS

Competition schedules for Allstar Dance teams, choreography & potential teams

***PROGRAMME SHOWCASE WILL BE SCHEDULED FOR  
23RD/24TH NOVEMBER 2024***

Provisional competition schedule for  
***ALLSTAR DANCE TEAMS***

**BCA WINTER WEEKENDER (BLACKPOOL) - 7TH/8TH DEC 2024**  
**JAMFEST NORTHERNS (MANCHESTER) - 8TH/9TH MARCH 2025**  
**ICC NATIONALS (NOTTINGHAM) - 29TH/30TH MARCH 2025**  
**BCA NATIONALS (TELFORD) - 24TH/25TH MAY 2025**

## ***CHOREOGRAPHY***

Team-specific choreography dates will be provided at round two of team placements, and communicated throughout the season.

***Youth pom*** have their choreography dates set for August 5-6th

## ***POTENTIAL TEAMS***

CA Telford will be fielding Allstar Dance teams from Tiny to Junior age, across both pom and lyrical.

As age grids are due to change, teams offered will not be finalised until round 2 of tryouts.



# ABSENCES & RED ZONES

Allstar cheer and dance is a demanding sport that requires **FULL COMMITMENT** from both athletes and parents. As CA/DA Telford is a competitive program, it is crucial that athletes take part in all schedules, competitions and training sessions.

The following **AUTHORISED** and **UNAUTHORISED** policy is non-negotiable and applies to *every athlete*. Please remember that one person can affect a whole team.

## AUTHORISED

- Graded school/college/uni event
- Illness with fever/vomiting
- Family Bereavement
- Pre booked family holiday that does not occur within a red zone

## UNAUTHORISED

- Homework/revision (feel free to bring homework to training)
- Birthdays/birthday parties/family meals
- Family holiday within a red zone
- Work shifts

## RED ZONES

**Red zones** occur within 3 weeks of a competition. *\*Exception\** Due to the planned gym closure during Easter in 2025 and the timings of the World Championships the first week of Easter half term is a red zone (12-18th April)

- Athletes may not miss competition/performance dates
- Athletes may not miss choreography or extra training dates
- 3 unauthorised absences within the season may result in a loss of position



# ALLSTAR DANCE TRYOUTS

Tryouts are designed to be a *positive experience* for athletes to showcase skills. Athletes should register for and attend sessions corresponding with their age and skill level.

## TRYOUT PROCESS

1. Register for tryouts online by scanning the QR code
2. Following registration 'Athlete Tryout Sheets' will be sent (around May 8th) and should be completed by the date specified.
3. Round One ("Skills Sessions") invitations will be sent by May 29 and are based on the information gathered from your 'Athlete Tryout Sheets'.
4. Round Two ("Team Trials") invitations will be sent after all Round One sessions.
5. Team placements will be sent on Friday June 14 via Cat-Mail.



**REGISTER FOR TRYOUTS BEFORE MAY 6 TO RECEIVE A FREE 2024-2025 CA/DA T-SHIRT AND OPEN GYM SESSION**

*The deadline to register for tryouts is Monday, May 27.*

## TRYOUT FEES

Dance Tryout Registration £55

Video Tryout\* £18

\*Additional fee for athletes unable to attend an in-person

Skills Session

**CROSSOVER ATHLETES** - To avoid paying duplicate fees, athletes wanting to be considered for cheer and dance teams should register for a cheer Skills Session first, then "CROSSOVER ATHLETES" for dance tryout registration .



## TEAM PLACEMENTS

When forming teams, we consider factors such as athlete skills, experience, and maturity. Athletes that try out are typically selected for a team. Team placement is primarily determined by birth year and skill level. The 2024-2025 Competition Divisions and Age Grid is still being confirmed by SportCheer England and is set to change from the 2023-2024 season. Once set, we will communicate and share the changes accordingly. Rosters are subject to change at any point of the season and for any reason under coaches' discretion.



# ALLSTAR DANCE TRYOUTS

## SKILLS SESSIONS

ROUND ONE

**AGE 5-15** *Athletes age 5-15 will receive an invitation to one of the following sessions:*

- Friday, May 31 - 16:00-20:30
- Monday, June 3 - 16:00-18:00

## TEAM TRIALS

ROUND TWO

**AGE 5-15**

- Invitations emailed Tuesday, June 4
- Session times vary/June 7-11

## DANCE GENRES

Athletes should select all genre categories they want to be considered for on the tryout sheet sent following tryout registration (i.e. lyrical, pom).



# FINANCIAL COMMITMENT

Participating in All Star Cheer and Dance requires a significant financial commitment. It's important to carefully consider the investment involved.

Tuition is divided into 12 monthly installments. The first payment is due on 16th of June and will be taken on the 1st of the month thereafter continuing through May 2025. Tuition remains consistent from month to month and is taken online through our customer portal. Competition fees are divided into 10 monthly installments and are due on the first of the month. Billing begins in July 2024 and continues through April 2025. Competition fees remain consistent from month to month and are taken online through our customer portal. Some teams might incur additional competition fees for End-of-Season Events in June/July.

Programme membership payment is due within 24 hours of receiving team placement e-mails ("Cat-Mail") on June 14. Payment confirms team positions, and includes insurance policies fees, choreography fees, guest coaching/training, SportCheer England Membership, administration fees, and music licensing/production.

CROSSOVER ATHLETES - Athletes participating on both cheer and dance teams are only required to pay the program membership fee once and to purchase one practice wear set.

## DANCE MONTHLY TUITION

One/Two Teams	£67
Three Teams	£99.50
Four Teams	£129
Athlete Supplement	£20

(For 2025 Summit/Worlds Teams)

## DANCE ADDITIONAL COSTS

Program Membership	£165
Competition Fees	TBC
Required Apparel:	
• Jazz Shoes	Varies
• Poms	£30-£40
• Practice Wear	£60 + VAT
• Lyrical Costume	TBC
• Pom Costume	£160
• Hair Accessories	Minimal

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# CHEER ATHLETICS

CA TELFORD



**Have any questions? We'd love to hear from you!**

**Please drop us an email on:**

**[telfordinfo@cheerathletics.uk](mailto:telfordinfo@cheerathletics.uk)**

**[www.cheerathletics.com/telford](http://www.cheerathletics.com/telford)**