



CHEER ATHLETICS ST. LOUIS TRYOUT INFORMATION 2024–2025









TEAM PLACEMENT

When forming teams, we consider factors such as athlete skills, experience, maturity, and team needs. Team placement is primarily determined by birth year and skill level. Athletes that try out are typically selected for a team. Rosters, placement within routines, and participation, are subject to change at any point and for any reason under coaches' discretion. Team announcements will be sent via Cat Mail (to the email on file) on June 3.

COMPETITION SCHEDULE

The competition schedule varies by team. Novice and Prep teams compete at local events only. Most Elite teams will attend competitions hosted both locally and nationally, with the opportunity to be invited to and to attend End-Of-Season Events (i.e., The Regional Summit, The Summit, U.S. Finals). Competition schedules will be released after team placements.

SEASON TRAVEL

Season travel varies by team. Most teams will attend 4-5 out-of-town competitions per season. Travel expenses are not included in tuition. Athletes are required to book travel in accordance with guidelines provided throughout the season. Travel dates will be shared after the competition schedule is released.

TIME COMMITMENT

Participating in our All Star Cheer programs is a 12-month commitment. Teams will have practice two nights per week during June and July. Sunday practices begin in August 2024 and will continue through May 2025. Additional practices and extended practices will be scheduled during important times of the season. Athletes are expected to prioritize their participation in our program and fully commit to attending all scheduled practices.

---- IMPORTANT DATES -----

FIRST PRACTICE June 5 or 6
CAP MEETING June 5 or 6
STUNT CAMP June 8 – 9
LEVELS CAMPS July 8 – 11
SUNDAY PRACTICES BEGIN August 18
CHOREOGRAPHY August 19 – 25
BLUE DEBUT November 10
CAP Meeting October 20
LAST PRACTICE Week of May 5

BREAKS

SUMMER BREAK June 28 – July 7

LABOR DAY August 30 – September 2

FALL BREAK November 27 – 30

WINTER BREAK December 20 – January 4

SPRING BREAK March 16 – 29

EASTER April 20



During tryouts, athletes show skills they have mastered and demonstrate their potential to learn new skills. All athletes must register for and attend a two-day Regular Evaluation Session. Athletes wanting to be considered for a flyer position must register for and attend a Flyer Tryout Session in addition to the required Regular Evaluation Session. Attending a Flyer Tryout Session does not guarantee a flyer spot on a team. Bases wanting to be considered for a Non-Tumbling team should register for and attend the Non-Tumbling Base Sessions.

TRYOUT SESSIONS

REGULAR EVALUATION SESSIONS

Monday, May 20 & Wednesday, May 22

• Birth Year 2018-2020 | 5:00-7:00 PM

Tuesday, May 21 & Thursday, May 23

Birth Year 2011-2017 | 5:00-7:00 PM

Monday, May 20 & Wednesday, May 22

• Birth Year 2010 & before | 7:00-9:00 PM

NON-TUMBLING BASE SESSIONS

Tuesday, May 21 & Thursday, May 23

• Birth Year 2011 & before | 5:00-7:00 PM

FLYER TRYOUT SESSIONS

Tuesday, May 21 & Thursday, May 23

- Birth Year 2011-2017 | 7:00-9:00 PM
- Birth Year 2010 & before | 7:00-9:00 PM

TRYOUT FEES

New Athlete:

 Register before April 20 	\$75				
 Register on or after April 20 	\$85				
Returning Athlete:					
 Register before April 20 	\$65				
 Register on or after April 20 	\$70				
New Flyer					
Returning Flyer					

REGISTER FOR TRYOUTS ONLINE

cheerathletics.com/st-louis



Participating in All Star Cheer requires a significant financial commitment. It's important to carefully consider the investment involved. Tuition is divided into 12 monthly installments and is due on the first of each month. Billing begins in June 2024 and continues through May 2025. Tuition remains consistent from month to month and is payable online through our customer portal platform. Members are required to keep a valid credit or debit card on file. Tuition covers team training, regular season competition fees, and other non-refundable expenses.

Additional costs include but are not limited to; our annual program membership fee, End-of-Season Event fees, travel expenses, required apparel items that athletes keep, a routine enhancement fee, stunt camp, and the USASF Athlete Membership fee. Adult Athletes (members that turn 18 years old prior to 6/1/24) are responsible for their Background Check Screening, paid during membership registration in June and required for eligibility. Two of the practice wear sets and the program warm up jacket are designs from 2023-2024 season. Team-specific practice wear and uniform prices vary.

	TUITION		ADDITIONAL COSTS	
	Prep Teams	\$289/month	Annual Program Membership:	
	Tiny/Mini Teams	\$319/month	Per Athlete	\$55
	Youth/Junior/Senior Teams	\$349/month	Per Family	\$80
	Worlds Teams	\$369/month	End-of-Season Events	
	REQUIRED APPAREL		(i.e., The Regional Summit, U.S. Finals, The Summit)	
			Travel Expenses	
	Cheer Shoes		Routine Enhancement Fee*	\$275
	Team Practice Wear	\$75-\$120	Stunt Camp*	\$75
	Practice Wear Sets	\$200-\$350	USASF Athlete Membership:	
	Warm Up Jacket	\$175-\$190	Minor Athlete	\$49
	Uniform	\$400-\$500	Adult Athlete	\$68

*NEW THIS SEASON

We've made some changes to our tuition model to allow us to provide more flexibility in our pricing structure and fully focus on team training/conditioning. These changes will better prepare athletes with the necessary tools to continue building a strong culture of excellence at Cheer Athletics St. Louis.

- 1. Routine Enhancement Fee. Tuition no longer includes expenses related to choreography/music. The routine enhancement fee will be charged on September 15, 2024. We appreciate your support as we continue to refine our services.
- 2. Stunt Camp. We've partnered with stunt technicians to create and refine stunt sections for our routines this season. This alignment ensures that teams will have strong groundwork from the start, leading to amazing performances that will captivate our audience all season.