



CHEER ATHLETICS ROCHESTER

TRYOUT INFORMATION

2024-2025





TEAM PLACEMENT

When forming teams, we consider factors such as athlete skills, experience, maturity, and team needs. Team placement is primarily determined by birth year and skill level. Athletes that try out are typically selected for a team. Rosters, placement within routines, and participation, are subject to change at any point and for any reason under coaches' discretion. Team placements will be sent via Cat-Mail (to the e-mail on file) once all tryout sessions are complete.

COMPETITION SCHEDULE

The competition schedule varies by team. Novice and Prep teams compete at local events only. Most Elite teams will attend competitions hosted both locally and nationally, with the opportunity to be invited to and to attend End-Of-Season Events (i.e., U.S Finals, Regional Summit, The Summit, Worlds). Competition schedules will be released after team placements.

SEASON TRAVEL

Season travel varies by team. Most teams will attend 3-4 competitions per season that require out-of-town travel. Travel expenses are not included in tuition. Athletes are required to book travel in accordance with guidelines provided throughout the season. Travel dates/details will be shared after the competition schedule is released. Please do not make travel plans prior to CA Rochester releasing dates/details.

TIME COMMITMENT

Participating in our All Star Cheer program is a 12-month commitment. All teams will have practice two nights per week during the summer months. From June-August, teams will have two weekday practices. Starting in September team practice days will change, which may include weekend practices. This will be scheduled based on gym availability and communicated after the start of the season! Full year team practices will continue through May 2025. Additional practices and extended practices will be scheduled during important times of the season. Athletes are expected to prioritize their participation in our program and fully commit to attending all scheduled practices. We ask you please submit a vacation request form 2 weeks prior to your planned time of absence.

IMPORTANT DATES

First Practice Monday, June 3rd

Skills Camp July 8th-11th

*mandatory

Choreography Week August 5th-9th

*mandatory

Coaches and Parents ("CAPS") Meetings

All athletes are expected to attend

There will be four CAPS meetings throughout the season.

The first CAP meeting is on Monday, June 3rd.

You Belong Here.

CHEER ATHLETICS ROCHESTER

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Rochester, NY 14626
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Tryouts

Tryout sessions are like low-stress workouts. During tryouts, athletes show skills they have mastered and demonstrate their potential to learn new skills. All athletes must register for and attend a Regular Evaluation Session and a Stunt Evaluation Session.

TRYOUT DATES

REGULAR EVALUATION SESSIONS

Saturday, May 18th

- Tiny/Mini/Youth - 11a-2p
- Junior/Senior/Open - 2:30p-5:30p

Sunday, May 19th

- Tiny/Mini/Youth - 11a-2p
- Junior/Senior/Open - 2:30p-5:30p

PRIVATE TRYOUT SESSION

Monday, May 20th

Made by appointment only

STUNT TRYOUT SESSIONS

Tuesday, May 21st

- Tiny - 5:30p-6:30p
- Mini-Senior - 6p-8:30p
- Open (18+)- 8p-9p

CALLBACK TRYOUT SESSIONS

Thursday, May 23rd

Made by appointment only

TRYOUT FEES

New Athlete:

- Register before April 15th \$120
- Register April 16th- May 17th \$135
- Register May 18th and later \$150

Returning Athlete:

- Register before April 15th \$90
- Register April 16th- May 17th \$105
- Register May 18th and later \$120

Private Tryout (Stunt Tryout Included) \$215

Register for tryouts online!





Age Grid

Please utilize the following age grid to ensure you attend your age appropriate placement time block. Following placements, we will create teams based on the USASF Age eligibility grid, as well as the athletes skill set. The ultimate goal is to ensure that teams created are the strongest possible combination of athletes to build the most success.

TRYOUT BLOCK BY BIRTH YEAR

TINY	2017-2021
MINI	2015-2016
YOUTH	2012-2014
JUNIOR	2009-2011
SENIOR	JUNE 1 2005-2008
OPEN	JUNE 2 2005-EARLIER



Financial Commitment

Participating in All Star Cheer requires a significant financial commitment. It's important to carefully consider the investment involved. Tuition is divided into 12 monthly installments and is due on the first of each month. Billing begins in June 2024 and continues through May 2025. Tuition remains consistent from month to month and is payable online through our customer portal platform. Members are required to keep a valid credit or debit card on file. Tuition covers team training, regular season competition fees, choreography and music, coaches fees, and other non-refundable expenses.

Additional costs include but are not limited to; our annual program membership, End-of-Season Event fees, required apparel items that athletes keep, travel expenses, and the USASF Athlete Membership fee. Adult Athletes (members that turn 18 years old prior to 6/1/25) are responsible for their Background Check Screening, paid during membership registration in June and required for eligibility. Required apparel items are paid directly to Rebel Athletic. There will be one new practice wear design + two designs from the 23-24 season. The program warm up jacket is the same design from 23-24 season. Uniform price varies by team.

TUITION

CheerABILITIES Expo	\$70/month
Allstar Elite CheerABILITIES	\$150/month
Novice/Prep Teams	\$219/month
Allstar Elite Tiny Teams	\$327/month
Allstar Elite Mini-Senior Teams	\$367/month
Worlds Teams	\$380/month

Crossover Fee	\$120/month
Sibling Discount	\$25 off/month per sibling. For full year athletes

Drop Fee:

- June 15-30
- July 1-December 15

- Past December 15

*June-July Tuition
Current month+following
month*

Remainder of season

ADDITIONAL COSTS

Annual Program Membership	\$75
End-of-Season Event Fees:	
• The Regional Summit	TBD
• The Summit	TBD
• U.S. Finals	TBD
• Worlds	TBD
Travel Expenses	
USASF Athlete Membership:	
• Minor Athlete	\$49
• Adult Athlete	\$68
Required Apparel (estimated):	
• Indoor Cheer Shoes	\$100
• Three Practice Wear Sets	\$300-\$350
• Program Warm Up Jacket	\$175-\$190
• Team Uniform	\$245-\$300



FOR MORE INFORMATION, VISIT
cheerathletics.com/rochester