

PRIVATE LESSONS

*Private lessons are booked and paid directly with each individual coach.
These lessons are not scheduled, priced, or paid through the gym.
Pricing is set per coach and lesson style.*

Abby Mefford

402-203-8591

amefford@cheerathletics.com

Levels 1-3

All Girl Stunting, Tumbling: Beginning, Intermediate, Tucks, Layouts

Katelyn Holman

402-850-8914

kholman@cheerathletics.com

Levels 1-3

Tumbling: Beginning, Intermediate, spot up to tucks, layouts, fulls

Michelle Shoning

402-216-2976

mshoning@cheerathletics.com

Levels 1-3

Tumbling: Beginning, Intermediate, up to fulls

Carlos Acosta

727-226-7012

cacostaojeda@cheerathletics.com

Levels 1-4

Stunting, Tumbling: All Levels

Ashley Throldahl

402-885-0764

athroldahl@cheerathletics.com

Levels 1-5

Tumbling: Beginning, Intermediate, up to fulls

Eli Wolfram

612-532-2600

ewolfram@cheerathletics.com

Levels 1-5

Stunting, Tumbling: All Levels

Nate Hays

402-619-4013

nhays@cheerathletics.com

Levels 1-5

Coed stunting, up to fulls, All Levels

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