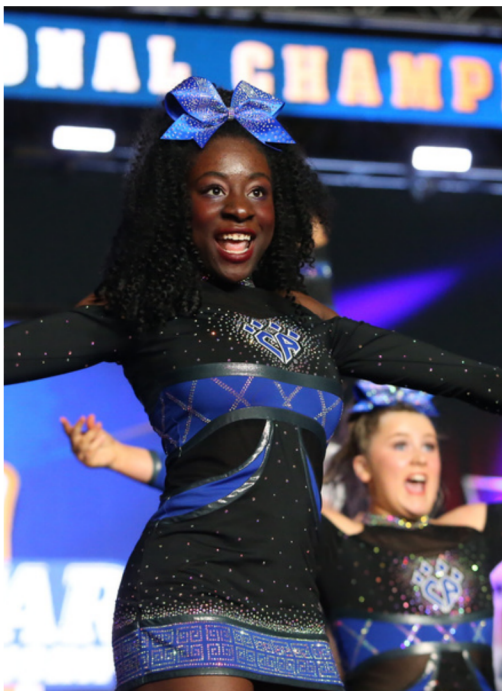




CHEER ATHLETICS COLUMBUS
TRYOUT INFORMATION
2024-2025





The Best of The Best

2024–2025

A NOTE FROM THE CHEER ATHLETICS COLUMBUS OWNERS—

"Since our inception in 2016, we have been a part of creating and nurturing the culture at Cheer Athletics Columbus. While we take pride in the national titles our teams have won over the years, we take more pride in the work that has been put in to shape the atmosphere of the gym. Cheer Athletics Columbus is a place where everyone learns, grows, and excels at the highest caliber, finding inspiration to succeed around every corner. Our talented coaches, office staff, athletes, and families, can always be found providing support to others, making our large program feel like a close-knit family. We strive to instill values of outstanding moral character, to educate how to lead a healthy mental and physical lifestyle, to teach how to persevere under pressure, and to inspire our athletes to conquer the challenges set in front of them. We stand on always being contenders at the most prestigious events every season, but our ultimate goal is that the athletes we get the opportunity to work with pass these values onto others in the community by way of example. It's #MoreThanCheer." -Chelsea & Ryan

OUR PROGRAMS

All Star Cheer
Camps and Clinics
Events + Rentals
Open Gym
Private Lessons
School Cheer Team Training
Stunting and Tumbling Classes

You belong here

CHEER ATHLETICS COLUMBUS

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Overview

TEAM PLACEMENT

When forming teams, we consider factors such as athlete skills (without a spotter), experience, age and maturity, and overall team needs. Athletes that try out are typically selected for a team. Team placement is primarily determined by birth year and skill level. If an athlete has overlap in division eligibility, they will be considered for the younger division first. Rosters, placement within routines, and participation, are subject to change at any point and for any reason under coaches' discretion. Team announcements will be sent to the email registered on athletes' account.

COMPETITION SCHEDULE

The competition schedule varies by team and kicks off in November with Blue Debut, a gym-wide showcase where all of our full-season teams perform their routines for the first time. All Star Elite teams compete at six (6) to seven (7) competitions throughout the season, three (3) of which are out of state. Elite teams that earn a bid to end-of-season events (i.e., The Regional Summit, The Youth Summit, The Cheerleading Worlds, or The Summit) will attend at the discretion of the coaching staff and leadership team. Novice/Prep teams compete at five (5) to six (6) local competitions throughout the season, all within reasonable driving distance from the gym. Novice/Prep teams do not attend end-of-season events. The competition schedule for full season teams is typically released in June or July.

SEASON TRAVEL

Travel expenses are not included in tuition. Athletes are responsible for booking their own travel accommodations in accordance with guidelines provided throughout the season, including those required through Team Travel Source (TTS). Travel dates and details will be shared after the competition schedule is released.

PRACTICE AND ATTENDANCE

Practice schedules vary by team. Elite teams have two (2) scheduled practices per week. During the summer both practices are on weekdays. Sunday practices begin in August, replacing one of the summer weekday practices. All practices are two (2) hours. Novice/Prep teams practice once per week. Additional practices will be scheduled for all teams starting in September and will continue to be added through the end of the season. Athletes are expected to prioritize their participation in our program and to fully commit to attending all scheduled practices. If attendance is likely to be irregular or uncertain, please reconsider participating in tryouts.

The first Coaches, Athletes, and Parents ("CAP") meeting is Sunday, June 9, at 1:00 PM. We strongly encourage all athletes and families to attend.



Tryouts

New Athletes and Returning Athletes wanting to level up must register for and attend a Tumbling Evaluation session. Alternatively, Returning Athletes can "Trust the Process" and forgo attending Tumbling Evaluations, allowing coaches to determine placement where they see fit. Athletes must have completed the 2023–2024 season on a Cheer Athletics Columbus All Star Elite or Prep team to qualify as a Returning Athlete. Athletes wanting to be considered for a flyer position must register for and attend Flyer Tryouts in addition to Tumbling Evaluations. Attending Flyer Tryouts does not guarantee a flyer spot on a team. During Tumbling Evaluations, athletes will perform two (2) mini routines for their desired level and one (1) mini routine for the level below their desired level. Athletes will also have the opportunity to showcase additional skills. Mini routine videos will be posted online on Monday, April 15.

Registration operates on a first-come-first-serve basis, meaning, early registrants have a higher likelihood of getting their preferred session time. Please arrive 20-30 minutes prior to the session start time to finish registration and warm-up.

All athletes are required to attend Stunt Evaluations and will receive an email on Sunday, May 26, with their assigned session's information. Athletes unable to attend their assigned session need to register for a private session with the coaching staff. Attending a higher level's session due to a scheduling conflict with the originally assigned session is not permitted.

Email columbus@cheerathletics.com for more information/questions.





TRYOUT SESSIONS

TUMBLING EVALUATIONS

Monday, May 20 - SESSION ONE

Tuesday, May 21 - SESSION TWO

Wednesday, May 22 - SESSION THREE

Thursday, May 23 - SESSION FOUR

TIMES (PER SESSION):

- 5:30-6:15 PM
- 6:15-7:00 PM
- 7:00-7:45 PM
- 7:45-8:30 PM
- 8:30-9:15 PM

FLYER TRYOUTS

Friday, May 17

- 6:00-7:30 PM

Friday, May 24

- 6:00-7:30 PM

STUNT EVALUATIONS

Tuesday, May 28

- Level 1/2 | 5:30-8:30 PM

Wednesday, May 29

- Level 3/4/5/6 | 5:30-8:30 PM

Thursday, May 30

- Level 1/2 | 5:00-7:00 PM
- Level 3/4/5/6 | 7:30-9:30 PM

Friday, May 31

- Birth Year 2012-2018 | 5:00-7:00 PM
- Birth Year 2011 & before | 7:30-9:30 PM

TRYOUT FEES

Register before April 20:

- | | |
|----------------------|------|
| • New Athlete | \$79 |
| • Returning Athlete* | \$69 |
| • Trust the Process | \$69 |

Register April 20 - May 14:

- | | |
|----------------------|------|
| • New Athlete | \$99 |
| • Returning Athlete* | \$89 |
| • Trust the Process | \$89 |

Register on or after May 15:

- | | |
|----------------------|-------|
| • New Athlete | \$129 |
| • Returning Athlete* | \$129 |
| • Trust the Process | \$109 |

Flyer Tryout \$59

Private Flyer Tryout \$79

Private Tumbling Tryout \$149

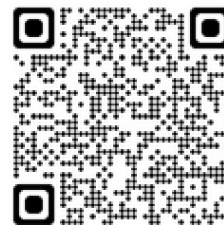
Video Tumbling Tryout \$149

Private Tumbling and Flyer Tryout \$229

**Returning Athlete = completed the 2023-2024 season on a Cheer Athletics Columbus All Star Elite/Prep team*

SCAN TO REGISTER

cheerathletics.com/columbus





Financial Commitment

Participating in All Star Cheer requires a significant financial commitment. It's important to carefully consider the investment involved. Tuition is divided into 12 monthly installments and remains consistent from month to month. Billing begins in June 2024 and continues through May 2025. The first tuition payment will be charged on June 10, 2024, the second on July 5, 2024, and the remainder on the first of the month. Tuition covers team training, regular season competition fees, and other non-refundable expenses.

Additional costs include but are not limited to; our annual membership, End-of-Season Event fees, extra competition fees, required apparel items that athletes keep, travel expenses, and the USASF Athlete Membership fee. Adult Athletes (members that turn 18 years old prior to 6/1/24) are responsible for their Background Check Screening, paid during membership registration in June and required for eligibility. Our annual membership is due on the first of the month following an athlete's registration anniversary. End-of-Season Event fees vary by event/bid type. Extra competition fees occur when Event Producers increase the originally announced fees, or when a mutually-agreed upon event is added to a team's schedule. Recommended shoe brands: Nfinity or Rebel Athletic. Two practice wear sets and the warm up jacket are designs from the 2023-2024 season. Team-specific practice wear and uniform prices vary by team. Level 5/Worlds teams (and potentially senior teams) have new uniform designs for the 2024-2025 season.

TUITION

Full Season Novice Teams	\$229/month
Full Season Prep Teams	\$259/month
Elite Teams	\$359/month
Elite Adult Athletes	\$229/month
Elite Worlds Teams	\$379/month
Elite Worlds Adult Athletes	\$249/month

If we cannot assign an athlete to a team, we will refund 100% of the tryout fee(s). If an athlete declines their spot before June 10, they will not be charged the first tuition payment. However, if an athlete declines their spot or quits on or after June 10, the first tuition payment (along with any subsequent payments made) will not be credited back or refunded.

**Extra Competition Fees - Additional fees are based off increases in pricing by Event Producers after original fees are announced, or if a mutually agreed upon event is added to a team's schedule.*

ADDITIONAL COSTS

Annual Membership	\$80
End-of-Season Events:	
• Event Producer Fees	\$0-\$600
◦ based on bid type	
• Gym Fees	\$200-\$300
Extra Competition Fees*	\$TBD
Required Apparel:	
• White Cheer Shoes	\$100-\$150
• Practice Wear	\$300
• Warm Up Jacket	\$175-\$190
• Uniform	\$400-\$550
Travel Expenses	
USASF Athlete Membership:	
• Minor Athletes	\$49
• Adult Athletes (18+ y/o)	\$68



Mini Routine Skills

BEGINNER

First Standing Pass: forward roll

Running Pass: cartwheel

Jumps: toe touch

Second Standing Pass: bridge from standing (backbend)

LEVEL 1

First Standing Pass: valdez or back walkover

Running Pass: cartwheel two back walkovers

Jumps: toe touch, front hurdler

Second Standing Pass: back walkover switch leg

LEVEL 2/4.2

First Standing Pass: back handspring step out back walkover back handspring

Running Pass: front boulder or round off two back handsprings

Jumps: front hurdler, toe touch (connected)

Second Standing Pass: back walkover back handspring

LEVEL 3

First Standing Pass: back handspring step out two back handsprings

Running Pass: round off back handspring tuck

Jumps: front hurdler, toe touch (connected)

Second Standing Pass: three back handsprings (series)

LEVEL 4

First Standing Pass: two back handsprings tuck

Running Pass: round off back handspring layout

Jumps: front hurdler, double toe touch (connected)

Second Standing Pass: back handspring tuck

LEVEL 5

First Standing Pass: toe touch two back handsprings layout or back handspring layout

Running Pass: round off back handspring full

Jumps: front hurdler, double toe touch (connected)

Second Standing Pass: two back handsprings layout

LEVEL 6

First Standing Pass: series back handsprings to full or double full

Running Pass: round off back handspring to full or double full

Jumps: front hurdler, double toe touch (connected)

Second Standing Pass: standing full or back handspring full