



Cheer Athletics Austin



2024 Tryout Packet

INTRO

WELCOME TO CHEER ATHLETICS AUSTIN'S 12TH SEASON OF INSPIRATION

As we celebrate Cheer Athletics 31st year of excellence, Cheer Athletics Austin proudly steps into its 12th season with renewed vigor and the triumphs of our past fueling our future. This is where athletes are not just part of a team, but part of a legacy that spans three decades and countless victories.

Cheer Athletics Austin is a cornerstone of success in the All-Star cheer landscape. Our approach goes beyond routines; we are committed to fostering strength, happiness, and confidence. As leaders in sportsmanship, teamwork, and dedication, every moment with us is an opportunity to grow, excel, and belong.

Last season, our victories resonated far and wide, and now we're poised to extend our reach. We invite you to become part of this incredible journey. At Cheer Athletics Austin, we're more than a gym; we're a family, united in our pursuit of greatness. Here, your potential has no limits, and together, we'll soar to new heights.

Welcome to a new chapter, a new season, and a new opportunity to make history with Cheer Athletics Austin.

CHEER ATHLETICS AUSTIN: CULTIVATING CHAMPIONS FOR LIFE

At Cheer Athletics Austin, we're dedicated to more than just competitive cheerleading; we're committed to nurturing athletes who aspire to be their very best. The "CA Way" is about learning the ropes of elite cheerleading while also acquiring essential life skills that foster personal growth and resilience.

The journey at Cheer Athletics Austin is transformative. Athletes thrive amid encouragement and high standards, leading to remarkable progress. We believe in the power of support—a celebratory high five, a word of motivation, or a congratulatory pat on the back—because these are the moments that build confidence and camaraderie. With us, every cheerleader is equipped for success in the gym and beyond.



The CA Way

FIND YOUR SPOT ON THE MAT AT CHEER ATHLETICS AUSTIN

Our tryout sessions are designed to be energizing and positive experiences where athletes showcase their hard-earned skills and the potential for growth. We provide multiple opportunities for each athlete to demonstrate their abilities in a supportive environment.

Post-tryouts, our experienced staff takes great care in crafting teams for the upcoming season. We consider a variety of factors, such as skill level, team dynamics, and individual aspirations, to create squads that epitomize both competitiveness and camaraderie.

For those with scheduling conflicts, we offer a range of tryout sessions, and private evaluations can be arranged to accommodate your needs. Aspiring flyers are encouraged to participate in specialized tryout sessions; however, please note these sessions are part of the selection process and do not guarantee placement in a flyer position.

At Cheer Athletics Austin, our goal is to place every athlete where they can shine brightest, both as individuals and as invaluable team members.



DEDICATION IN PRACTICE LEADS TO VICTORY AT CHEER ATHLETICS AUSTIN

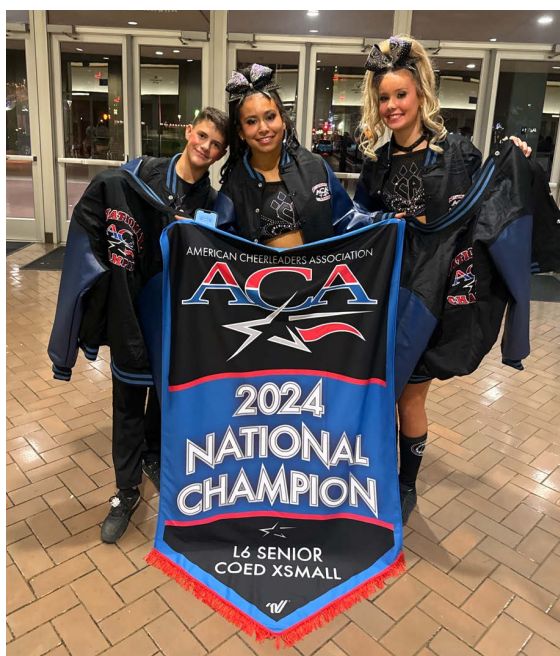
Our success is built on commitment. Throughout the summer, teams will practice twice weekly, honing skills and fostering teamwork. As the academic year begins, we shift to one weekday evening and a robust two-hour Sunday practice.

From September 2023 to May 2024, additional practices may be introduced to ensure our athletes are prepared to meet the competitive season head-on. While practice times are consistent, adjustments are made under special circumstances with consideration for our athletes' busy lives.

During the season's pivotal moments, extra practices are strategically scheduled and attendance is essential. Every practice is a step toward our collective goal of excellence.

INAUGURAL TEAM PRACTICE

The first team practice will be held during the week of June 2nd. This is the moment where our season's foundation is laid. Prepare to start strong and be part of the united front that is Cheer Athletics Austin.



CA AUSTIN TWO STEP TRYOUTS

TRYOUT PROCESS | STEP ONE

Select a tryout to receive a level placement

OPTION 1

Register by March 31st

Automatic Level Placement for Current Allstar athletes (If athlete wants to advance levels, they must attend a tryout or private evaluation). Level placements emailed 5/18.

OPTION 2

Current Athlete in person Tryout April 20th
Level 1 12:00-1:00

Level 2 1:30-2:30

Level 3 3:00-4:00

Level 4 4:30-5:30

Level 5 6:00-7:00

Level 6 7:30-8:30

OPTION 3

Private Evaluation for Current and New Allstar athletes. Private evaluations will continue through level practices for new athletes trying out late. Level placements emailed 5/18.

OPTION 4

May 16th AND May 17th Attend In Person Tryouts. Level placements emailed 5/18.

5:30-6:30 | Ages 7 and under

7:00-8:00 | Ages 8-12

8:30-9:30 | Ages 13+

Attend the age group based on the age your athlete will be on December 31, 2024.

FLYER TRYOUTS

Saturday May 18th

12:00-1:30 | Ages 11 and Under

2:00-3:30 | Ages 12 and Up

Athlete must register for flyer tryouts or a private flyer tryout to be considered as a flyer for the season.

Official Level Placement Emails will be emailed May 18th to coordinate below mandatory level practice schedule. Athletes may receive two level placements and are asked to attend both level sessions until level placement is determined. In the event that does not coincide with family schedule, please email austin@cheerathletics.com.

TRYOUT PROCESS | STEP TWO

Attend ALL Mandatory Level Practices for final team placement emailed June 2nd.

MANDATORY LEVEL PRACTICE SCHEDULE

May 19th-June 2nd - May 24th-May 27th gym is closed.

LEVEL 1

Mondays 6:00-8:00pm

Sundays 2:00-4:00pm

LEVEL 2

Tuesdays 6:00-8:00pm

Sundays 4:00-6:00pm

LEVEL 3

Wednesdays 6:00-8:00pm

Sundays 2:00-4:00pm

LEVEL 4

Tuesdays 7:30-9:30pm

Sundays 4:00-6:00pm

LEVEL 5

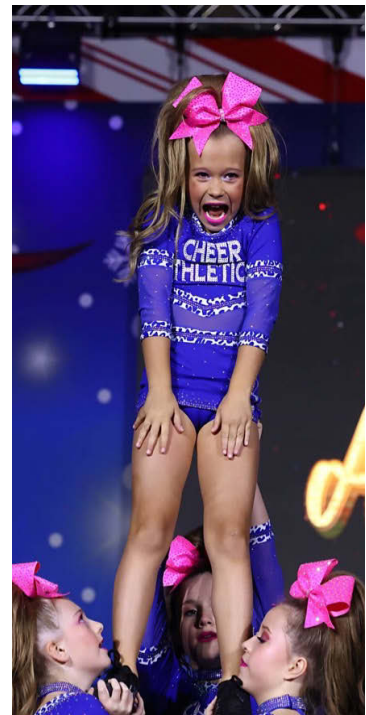
Wednesdays 6:00-8:00pm

Sundays 6:00-8:00pm

LEVEL 6

Wednesdays 7:30-9:30pm

Sundays 7:30-9:30pm



Final Team Placement emails will be emailed June 2nd to include team summer schedule and in season schedule.

COST

Investing in competitive cheer at Cheer Athletics Austin means accessing top-tier coaching and state-of-the-art facilities, a commitment that yields unrivaled value. While our fees might be higher than some, when considering the all-inclusive nature of our program, including competition fees and other expenses not commonly covered elsewhere, the investment in your athlete's future with us remains competitively advantageous.

For the 2024-25 season, we're introducing a simplified monthly tuition plan that encapsulates the majority of your athlete's annual expenses, providing clarity and consistency for your budgeting. Twelve equal installments will be due, starting from June 2024 through May 2025. The initial tuition payment will be conveniently processed on June 5th, with subsequent payments scheduled for the 1st of each month.

The monthly fee is comprehensive, covering tuition and the core expenses associated with a full season of participation. This fee remains steady throughout the year, irrespective of the number of practices in a given month, ensuring a predictable and straightforward financial plan. Missed or additional practices, as well as unforeseen gym closures, do not alter the tuition fee, guaranteeing your investment directly supports the athlete's continuous development.

TRYOUT REGISTRATION AND DESCRIPTION

app.iclasspro.com/parentportal/cheerathleticsaustin

Take your first step towards joining the Cheer Athletics Austin family:

Current Allstar Athlete Auto Placement: Seamless continuation for our returning champions ready to compete at the same level.

Allstar Athlete Tryout: An in fun in person group evaluation for those athletes looking to join CA Austin or level up.

Flyer Tryout: (In addition to skills tryout) Elevate your tryout experience by showcasing your flyer skills.

Private Skills Tryout: Sharpen and showcase individual skills in a private setting, allowing for dedicated attention and feedback.

Private Flyer and Skills Tryout: The ultimate private session for athletes to demonstrate both flying and ground skills in a comprehensive evaluation.

Private Tryout and Parent Q&A with Yanci: An exclusive tryout experience followed by a detailed discussion with our owner to connect parents directly.

Private Video Tryout: An alternative private tryout option for those unable to attend in person, ensuring everyone has the opportunity to be evaluated.

TUITION

First draft day will be June 5th

Show/Tiny Teams \$279

Prep Teams \$315

Allstar Elite Teams \$375

(Mini, Youth, Junior, Senior)

Worlds Division Teams \$390

TRYOUT FEES

Current Allstar Athlete Auto Placement \$99

Current Allstar Athlete Early Register \$125 (by March 31st)

Allstar Athlete Tryout \$149

Flyer Tryout (in addition to skills tryout) \$80

PRIVATE TRYOUT OPTIONS

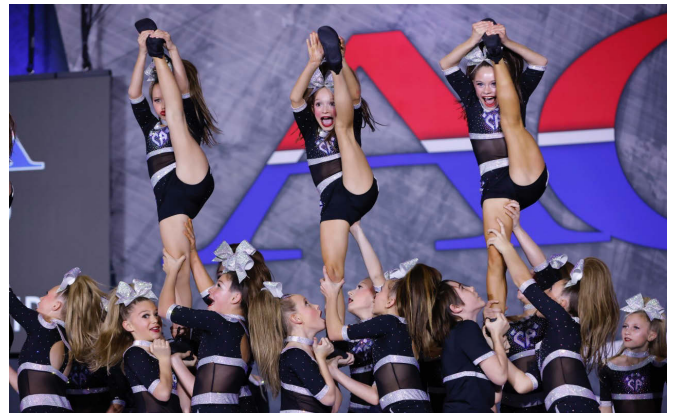
Private Skills Tryout \$199

Private Flyer and Skills Tryout \$250

Private Tryout and Parent Q&A with Yanci \$225

Video Tryout \$150

Tryout fees are not refundable.



OTHER COSTS (estimates)

- Kula Team Training \$30 month will be added to monthly tuition. Team does mandatory sports performance training 30 min before practice once a week to prepare and strengthen their bodies for the sport demands. Payable directly to Kula
 - Practice Wear \$300 (more information coming soon). We will get 2 new designs and re-use 1 design from the previous season. The fourth set will be team specific and charged in August. (4 total sets).
 - Team specific practice-wear and accessories \$25 - \$100
 - Uniform \$400 - \$800 varies by team (due in June)
 - Warmup \$199 TBD
 - All Star Competition Program Fee \$250 billed September 15th. USASF Membership Fee \$49 (due to USASF)
 - Possibility of an extra \$125 competition fee if a team unanimously votes to attend.
 - When a team receives a bid to Summit or Worlds, a summit fee of \$175 will be billed on the following months tuition.
- Any athlete who makes a team who turns 19 before December 31, 2023 will incur a fee for a Background Check.
- Level Camps and Choreography Fee billed at Choreography Camp June/July





SKILL GRID

These are the suggested tumbling skills for each level. We do look at athletes' potential and their overall abilities (stunting, jumps, etc.) but nearly every athlete will have all of the advanced skills for their level and some or most of the elite skills. Athletes are expected to perform these skills with consistency and a high level of execution.

	LEVEL 1	LEVEL 2 (&4.2)	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
STANDARD	<ul style="list-style-type: none"> Forward Roll Backward Roll Backbend Kick Over Cartwheel 					
ADVANCED STANDING	<ul style="list-style-type: none"> Back Extension Roll Front Walkover (FWO) Back Walkover (BWO) 	<ul style="list-style-type: none"> Back Extension Roll - BHS Back Walkover - BHS Back Walkover - BHS Step Out 	<ul style="list-style-type: none"> BWO - BHS Series BHS - BHS - BHS or more Jump - BHS Series 	<ul style="list-style-type: none"> BHS Series - Tuck BWO - Tuck Back Extension Roll - Tuck 	<ul style="list-style-type: none"> Tuck - BHS/BHS Series - Tuck BHS - Whip /Tuck - BHS - Tuck BHS Series - Layout BHS Series - Whip - Tuck 	<ul style="list-style-type: none"> BHS Series - Full Jump - BHS Series - Full BHS Series - Whip - Full
ADVANCED RUNNING	<ul style="list-style-type: none"> Round Off (RO) Front Walkover (FWO)/FWO Series Cartwheel - BWO 	<ul style="list-style-type: none"> Round Off (RO) - BHS Step Out CW/RO - BHS Series Front Handspring (FHS) 	<ul style="list-style-type: none"> Punch Front Round Off - BHS/BHS Series - Tuck 	<ul style="list-style-type: none"> PF step out - Aerial Round off - BHS - Layout/Layout step out/X-Out/Switch Leg PF step out - RO - to - Tuck Front Walkover - RO - to - Whip/Layout Aerial - Back Tuck/Layout/Layout step out 	<ul style="list-style-type: none"> RO - BHS - Full Front Walkover - RO - to - Full Round off - Arabian 	<ul style="list-style-type: none"> Punch Front step out - to - Full RO - Whip - Full RO - to - Whip - to - Full
ELITE STANDING	<ul style="list-style-type: none"> Back Walkover Series Back Walkover Switch Leg Valdez 	<ul style="list-style-type: none"> BWO - BHS Step Out - BWO BWO Switch Leg - BHS BHS Step Out - BWO - BHS Valdez - BHS 	<ul style="list-style-type: none"> BHS/BHS Series - Jump - BHS/ BHS Series BHS Step Out - BHS Series BHS Step Out - BWO - BHS Series 	<ul style="list-style-type: none"> BHS/BHS step out - Tuck Jump - BHS/BHS Series - Tuck 	<ul style="list-style-type: none"> BHS - Whip - Tuck BHS - Layout Jump - BHS/BHS Series - Layout BHS/BHS Series - Whip - to - Layout 	<ul style="list-style-type: none"> BHS - Full Standing Full Jump - Full BHS - Whip - Full BHS Series - Double Full BHS Series - Whip - Double Full BHS Series - Full/Double Full - Whip - Full /Double Full
ELITE RUNNING	<ul style="list-style-type: none"> Cartwheel - BWO Series FWO - Cartwheel/ Round Off FWO - CW - BWO/BWO Series FWO - CW - BWO Switch Leg 	<ul style="list-style-type: none"> Bounder/ Flyspring FWO - RO - BHS/BHS Series CW/RO - BHS Step Out - BWO - BHS/BHS Series 	<ul style="list-style-type: none"> FWO - Aerial RO - BHS Step Out - 1/2 Turn - RO - to - Tuck FWO - RO - to - Tuck Bounder/ Flyspring - RO - to - Tuck Front Handspring - Punch Front 	<ul style="list-style-type: none"> Front Handspring/ Punch Front - Punch Front PF step out - RO - to - Layout Round off - Whip - Tuck Round off - to - Whip/Tuck - to - Tuck/Whip/ Layout Front Handspring - PF step out - RO - to - Tuck/ Whip/Layout 	<ul style="list-style-type: none"> Front Full PF step out - RO - to - Full Front Handspring - PF step out - RO - to - Full RO - to - Whip - to - Full Arabian - RO - to - Full 	<ul style="list-style-type: none"> Front Handspring - PF - RO - to - Full RO - Arabian/ Half Full step out - RO - to - Full RO - BHS - Full - to - Full RO - to - Double Full PF step out - to - Double Full RO - Whip - Double Full RO - to - Full - to - Whip - Double Full