



DENVER

2024-2025: **ALL-STAR ELITE TEAM INFO**



YOU BELONG HERE

2024-25 marks the **31st** season of Cheer Athletics! We are honored that you would like to join us in this moment in All Star history. This tryout packet has been carefully prepared to best inform you with dates, pricing and some other information about our program that has been tried, tested and true.

Cheer Athletics is widely regarded as the most successful athletic program of its type. CA helps build healthy, happy, and confident athletes. The life lessons are many; including sportsmanship, teamwork, time management, goal setting and striving to win! All Star cheer is an inclusive sport where every athlete can grow and find value.

Today, more than ever, athletes need a place to belong, a reason to persevere and feel empowered. CA athletes, their parents and families are invited to wear the Claw and be part of tradition. We are united for the sake of our athletes, to challenge limits and beat expectations, never judging... except for those two and a half minutes on the competition mat!

AT CHEER ATHLETICS WE BELIEVE...

*That cheer prepares you for the sport called life.
In freeing your inner cheerleader.
That mat talk can change lives.
In changing lives, one 8-count at a time and, more than anything,
the world needs more cheer.*

DENVER LOCATIONS

NORTH

3773 Monarch St.
Frederick, CO 80516

SOUTH

333 Dad Clark Dr.
Highlands Ranch, CO 80126



EVALUATION PROCESS

Our evaluation process follows multiple steps in order for us to fully evaluate each athlete's skillset and potential team placement. Please review the team evaluation process below, which details how teams will be formed.



HOW ARE TEAMS FORMED?

Cheer Athletics has a comprehensive team formation process. Tumbling/stunting/jump ability will be taken into consideration in combination with many other aspects including (but not limited to) competitive maturity, performance, and aptitude for adapting to skills and choreography. All areas will be considered as equal parts when forming teams - athletes should expect to show competency in many areas of the scoresheet during the evaluation process. **We are committed to creating the most competitive teams possible for the 2024-25 season.**

We are **EXCITED** to find your athlete a home on one of our teams. Whether you are new to the sport or advanced in your experience, we have a team to suit every athlete and their abilities. **NO EXPERIENCE IS OK!**

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EVALUATION SESSIONS

Mini-Routine Evaluations will be the first step in our process. Athletes should register and attend the session that fits their time preference. Athletes must tryout at the location closest to their home.

Should an opportunity present itself for an athlete on a team at the location other than where they tried out, a conversation will be had with the family to discuss options.

NT WORLDS

FRIDAY, MAY 17

ATHLETES HOPING TO BE CONSIDERED FOR THE NT WORLDS TEAM SHOULD ATTEND THE SESSION(S) LISTED BELOW:

NT FLYER TRYOUT SESSION: 5:00-6:00PM

6:00-9:00PM NORTH GYM

*Athletes must have prior experience stunting on a L4, 4.2, 5, or 6 team to register for this session, and must be born in 2011 and before.

*Athletes wishing to be considered for a flying position on a NT WORLDS team should attend the flyer tryout session prior, listed above.

NT WORLDS

NORTH

SATURDAY, MAY 18

PLEASE SELECT THE SESSION BELOW THAT FITS YOUR TIME PREFERENCE (ALL SESSIONS ARE SPACE LIMITED - FIRST COME, FIRST SERVE)

SESSION #1
11:30AM-1:30PM

SESSION #2
2:30-4:30PM

SESSION #3
5:00-7:00PM

FLYER TRYOUT SESSION: 9:30-11:00AM

NORTH

SOUTH

SUNDAY, MAY 19

PLEASE SELECT THE SESSION BELOW THAT FITS YOUR TIME PREFERENCE (ALL SESSIONS ARE SPACE LIMITED - FIRST COME, FIRST SERVE)

SESSION #1
11:30AM-1:30PM

SESSION #2
2:30-4:30PM

SESSION #3
5:00-7:00PM

FLYER TRYOUT SESSION: 9:30-11:00AM

SOUTH

PRACTICE SCHEDULE

Beginning in June, all teams will have a set practice schedule with 2 weeknight practices (approx. 1.5-2 hours each).

Beginning in August, all teams will add a Sunday practice for the season.

Athletes and families are expected to make the necessary adjustments to accommodate additional practices throughout the season deemed necessary.

STARTING IN JUNE

2 WEEKNIGHT PRACTICES
(Monday - Thursday)

+

BEGINNING IN AUGUST

1 SUNDAY PRACTICE
SUNDAY PRACTICES BEGIN AUGUST 11

***WORLDS teams will be formed as a collaboration between both locations, with the priority on creating the most competitive teams possible. These teams will follow a rotating practice schedule with practices in both locations.**

CA DENVER elite teams follow a strict attendance policy with a limited # of absences permitted throughout the season. All families will be required to sign an **Attendance Contract** at the start of the season detailing our policies and applicable fines for missing practices or violating the attendance policies. **Please consider this commitment before choosing to join the Elite team program.**

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TUMBLING SKILL GRID

The grid below is a helpful guide to show what is expected for each level in tumbling. To be considered **at a level** athletes should show mastery from multiple columns with consistency and **good technique**.

	STANDARD	ADVANCED STANDING	ADVANCED RUNNING	ELITE STANDING	ELITE RUNNING
LEVEL 1	<small>*NEW THIS YEAR: Athletes that wish to be considered for a L1 ELITE team will need to meet the Advanced Tumbling requirements at a minimum. Athletes that do not meet these minimum requirements may be selected for a PREP or PREP ELITE team placement.</small>	Back Extension Roll, Front Walkover (FWO), Back Walkover (BWO)	Round Off (RO), Front Walkover (FWO)/FWO Series, Cartwheel - BWO	Back Walkover Series, Back Walkover Switch Leg, Valdez	Cartwheel - BWO, Series FWO - Cartwheel/Round Off, FWO - CW - BWO/BWO Series, FWO - CW - BWO Switch Leg
LEVEL 2 <small>INCLUDING 4.2</small>	-	Back Extension Roll - BHS, Back Walkover - BHS, Back Walkover - BHS Step Out	Round Off (RO) - BHS Step Out, CW/RO - BHS Series, Front Handspring (FHS)	BWO - BHS Step Out - BWO, BWO Switch Leg - BHS, BHS Step Out - BWO - BHS, Valdez - BHS	Boulder/Flyspring FWO - RO - BHS/BHS Series, CW/RO - BHS Step Out - BWO - BHS/BHS Series
LEVEL 3	-	BWO - BHS Series, BHS - BHS - BHS or more, Jump - BHS Series	Punch Front, Round Off - BHS/BHS Series - Tuck	BHS/BHS Series - Jump - BHS/BHS Series, BHS Step Out - BHS Series, BHS Step Out - BWO - BHS Series	FWO - Aerial, RO - BHS Step Out - 1/2 Turn-RO-to- Tuck, FWO - RO - to - Tuck, Boulder/Flyspring - RO - to - Tuck, Front Handspring - Punch Front
LEVEL 4	-	BHS Series - Tuck, BWO - Tuck, Back Extension Roll - Tuck	PF step out - Aerial, Round off - BHS - Layout/Layout step out/X-Out/Switch Leg, PF step out - RO - to - Tuck, Front Walkover - RO - to - Whip/Layout, Aerial - Back Tuck/ Layout/Layout step out	BHS/BHS step out - Tuck, Jump - BHS/BHS Series - Tuck	Front Handspring/Punch Front - Punch Front, PF step out - RO - to - Layout, Round off - Whip, Tuck, Round off - to - Whip/Tuck - to - Tuck/Whip/ Layout, Front Handspring - PF step out - RO - to - Tuck/Whip/ Layout
LEVEL 5	-	Tuck - BHS/BHS Series - Tuck, BHS - Whip/ Tuck - BHS - Tuck, BHS Series - Layout Whip Series - Whip - Tuck	RO - BHS - Full, Front Walkover - RO - to - Full, Round off - Arabian	BHS - Whip - Tuck, BHS - Layout, Jump - BHS/BHS Series - Layout, BHS/BHS Series - Whip - to - Layout	Front Full, PF step out - RO - to - Full, Front Handspring - PF step out - RO - to - Full, RO - to - Whip - to - Full, Arabian - RO - to - Full
LEVEL 6	-	BHS Series - Full, Jump - BHS Series - Full, BHS Series - Whip - Full	Punch Front step out - to - Full, RO - Whip - Full, RO - to - Whip - to - Full	BHS - Full, Standing Full, Jump - Full, BHS - Whip - Full, BHS Series - Double Full, BHS Series - Whip - Double Full, BHS Series - Full/Double Full - Whip - Full/Double Full	Front Handspring - PF - RO - to - Full, RO - Arabian/Half Full step out - RO - to - Full, RO - BHS - Full - to - Full, RO - to - Double Full, PF step out - to - Double Full, RO - Whip - Double Full, RO - to - Full - to - Whip - Double Full

***TUMBLING is only one consideration of our team formation process. Please keep in mind that stunting, jumps, experience, etc. will be equal considerations for your athlete's final team placement. Athletes should expect to show excellence in multiple areas of the scoresheet to be considered at a level.**

NON-TUMBLING Worlds: Athletes hoping to be considered for a NT Worlds team must have previous experience on a L4, L4.2 L5 or L6 team. Please register for the NT WORLDS Evaluation session if you meet these qualifications and are interested in a position on a NT WORLDS team. Not all athletes who register for this session will ultimately be placed on a NT WORLDS team. After our first session, athletes may be invited to attend a tumbling evaluation if we feel this would be a better fit for their placement.

IMPORTANT DATES

MINI-ROUTINE EVALUATIONS: MAY 17 - 19

EVALUATION CALLBACKS: MAY 20 - 31

FINAL TEAM PLACEMENTS: JUNE 1

TEAM PRACTICES BEGIN: WEEK OF JUNE 4

TEAM SKILLS CAMP: JUNE 22 - 25

ACTION SPIRIT STUNT CAMP: JULY 18 - 22

ROUTINE CHOREO: JULY 22 - AUGUST 10

PYRAMID CHOREO: SEPTEMBER 7 - 8

TEAM BREAKS

MEMORIAL DAY May 25 - May 27

SUMMER BREAK June 29 - July 14

LABOR DAY Aug. 31 - Sep. 2

FALL BREAK Oct. 13 - Oct. 19 (resume Sun. Oct. 20)

HALLOWEEN Oct. 31

THANKSGIVING Nov. 24 - Nov. 30 (resume Sun. Dec. 1)

CHRISTMAS Dec. 23 - Jan. 4 (resume Sun. Jan. 5)

SPRING BREAK TBA

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FINANCIAL COMMITMENT

MONTHLY TUITION

FULL MONTHLY FEES ARE PAID EVERY MONTH, JUNE 2024 - MAY 2025

Competitive cheer is an investment. Before considering CA or any program, please consider the financial commitment involved.

We have a comprehensive monthly price that covers most of the expenses throughout the year. During the 2024-25 season, there will be 12 monthly charges paid June 2024 - May 2025. The first month's tuition will be charged on or around Friday, June 7. For the remaining months, tuition is payable on the 1st of each month. (July tuition is due on July 1, etc.)
This monthly fee covers tuition and most other expenses and does not fluctuate from month-to-month. Tuition does not change based on the # or length of practices in any month.

***SIBLING DISCOUNT: \$50/month for a second athlete in the ELITE Program**

TINY & MINI

\$395 /MONTH

INCLUDES FEES FOR 1 OUT-OF-STATE COMPETITION
TEAM WILL ATTEND 2 TOTAL OUT-OF-STATE EVENTS - SEE BELOW

YTH. 1 - SR. 5

\$425 /MONTH

INCLUDES FEES FOR 2 OUT-OF-STATE COMPETITIONS
TEAM WILL ATTEND 3 TOTAL OUT-OF-STATE EVENTS - SEE BELOW

WORLDS L6

\$450 /MONTH

INCLUDES FEES FOR 3 OUT-OF-STATE COMPETITIONS
TEAM WILL ATTEND 4 TOTAL OUT-OF-STATE EVENTS - SEE BELOW

+ \$30 /MONTH

KULA SPORTS PERFORMANCE TRAINING

Kula training sessions will be once per week, exact dates/times released after final team announcements. **REQUIRED FOR ALL ATHLETES.**

EVALUATION FEES

ALL ATHLETES MUST PAY AN EVALUATION FEE TO ATTEND *NON-REFUNDABLE

EARLY DEADLINE: REGISTER BY APRIL 30

\$100

TEAM TRYOUT FEE

\$40

FLYER TRYOUT FEE
*MUST REGISTER FOR TEAM TRYOUT

\$125

PRIVATE OR VIDEO TRYOUT

ON-TIME DEADLINE: REGISTER AFTER APRIL 30

\$120

TEAM TRYOUT FEE

\$60

FLYER TRYOUT FEE
*MUST REGISTER FOR TEAM TRYOUT

\$145

PRIVATE OR VIDEO TRYOUT

OTHER COSTS (ESTIMATES)

PRACTICE WEAR	APPROX. \$250	1 set from 23-24 season + 2 new sets for the 24-25 season Practice wear purchasing will begin after final team placements.
UNIFORM	\$400-\$550	Cost varies by team (all athletes will need to purchase black shoes & hair accessory for competition) Uniform purchasing will begin after fittings at Skills Camp. All teams will get new uniforms this season.
WARM-UPS	\$199	All athletes must have a warm-up set. (this is the same warm-up set from 23-24 season) Warm-up jackets must be purchased no later than October 1 .
ANNUAL MEMBERSHIP FEE	\$55/ATHLETE OR \$80 /FAMILY	This fee is due once per year based on athlete enrollment date.
USASF MEMBERSHIP	\$49/ATHLETE	THIS FEE IS PAID DIRECTLY TO USASF *Athletes ages 18+ will incur an additional fee for a background check.
ACTION SPIRIT STUNT CAMP	\$200	All teams will attend ACTION SPIRIT camp for Stunt Choreography. The cost of this camp is an additional cost, due July 1.
END-OF-SEASON EVENT ATHLETE TRAVEL FEE	TBA	All teams will attend an end-of-season event - options for end-of-season events will be communicated in the release of the competition schedule (August). An Athlete Fee will be due for this event to include: athlete registration, coach registration and coach travel, applicable apparel items, etc. Costs may range from \$500-\$1000 per athlete.

ATHLETE TRAVEL COSTS INCLUDING, BUT NOT LIMITED TO: AIRFARE, HOTEL, ETC. ARE NOT INCLUDED FOR ANY EVENTS

***NEW THIS YEAR:** Any athlete that chooses to quit or is dismissed from the program for any reason after **June 7, 2024** will owe a **\$1,000 drop fee**. At CA, our elite teams are a year-long commitment. Please consider this before trying out. Our withdrawal fee is there to protect all families and their investment in our program and to ensure all costs are covered in the event of an athlete's departure. We have an open door policy and are more than happy to talk with you regarding your athlete at any time.

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HOW TO: REGISTER



#1

Log onto our website:

www.cheerathletics.com/denver

or scan the QR code below to find our online registration.



BE SURE TO SELECT THE CORRECT
LOCATION FOR REGISTRATION
Registration opens on March 25 @ 10AM



#2

After completing your registration, you will be billed for your **EVAL FEE** to the card on file used during registration.

Note: All accounts must be paid in full before your athlete will be permitted to register or attend tryouts.



#3

Stay tuned to your email for **IMPORTANT** updates leading up to evaluations. **Email is our #1 form of communication at Cheer Athletics**, please make sure you are subscribed to, and receiving, all emails.

CHEER ATHLETICS...

helps push athletes to be the best version of themselves. Athletes learn the "CA Way" of competitive cheerleading, but they will also be given lifelong skills that will help them throughout their lives. The progress our athletes see in positive and productive surroundings can be amazing. A pat on the back, a high five, and positive reinforcement can go a long way.

NOT WHAT YOU'RE LOOKING FOR?

CHECK OUT INFORMATION FOR OUR **CATALYST** PROGRAM (PREP & NOVICE TEAMS) FOR ANOTHER OPTION!