

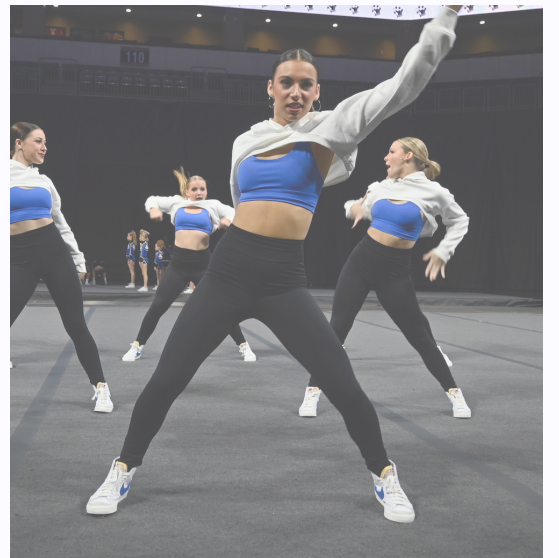


DANCE ATHLETICS PLANO



ALL STAR ELITE TEAMS

2024 - 2025





# DANCE ATHLETICS

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We are incredibly excited to release our information/audition packet for the upcoming 2024-2025 season. We look forward to another incredible season at Dance Athletics Plano, and are committed to establishing a tradition of excellence by instilling respect, structure, and confidence in each and every athlete. For over 30 years, Cheer Athletics has helped build healthy, strong and confident athletes who define their own success and strive to accomplish the goals they set not only as individuals, but as teammates, too. Dance Athletics is no different! Our expectation is that all of our dancers respect each other, their coaches, their competitors, and themselves. We strive to ensure that our dancers are constantly growing their skillset and gaining confidence with each passing day. We are blessed to train in a brand new, beautiful facility located in Plano with several of the best instructors not only in DFW, but in the nation! We appreciate your interest in our All Star Elite Dance Program and look forward to working with you and your athlete. We are excited to continue to promote personal achievement and the pursuit of excellence at Dance Athletics!

## **Maryelle Stephenson**

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Coach

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## **Jessi Schmitt**

Coach





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## THE ALL STAR EXPERIENCE

Dance Athletics is an All Star Dance studio, meaning that we compete at events governed by the United States All Star Federation (USASF) for club dance teams. Once your athlete has made our team, they will be required to become a member of USASF in order to compete. If you are a returning athlete, you will need to renew your membership. All Star Dance is different from a performing company or a high school drill team. We follow mental and physical regulations provided by USASF that put the dancer's safety and best interest at the forefront of their training and competitive experience.

If your athlete is interested in auditioning for a collegiate program someday, All Star Dance will prepare them for success. We compete at events that are both collegiate level and style. Oftentimes, the judging panel are spirit coordinators and coaches of the most prestigious collegiate spirit programs in the nation. The DA staff all come from successful collegiate dance programs and have degrees in their craft. Your athlete will be educated, prepared, and connected through Dance Athletics to chase any collegiate or professional dream they may have. All star athletes graduate their programs more well rounded, developed, and ready for the future.

Whether your athlete is a Tiny or a Senior, the lessons learned through All Star Dance are unmatched. All Star helps athletes acquire valuable skills and develop friendships that will later serve them in all facets of life. Communication and leadership skills, respect, self confidence, time management, and discipline are just a few of the areas that your athlete will learn to excel in. From their younger years through high school, we believe in investing in your athlete's dance ability, training, character, and future.

If you and your athlete are looking for something *different*, **YOU BELONG HERE.**





# DANCE ATHLETICS

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## AUDITION PROCESS

Our three-day audition process will be held on Tuesday, May 28 through Thursday, May 30. All team placements will be announced on Thursday, May 30 with a Coaches and Parents (CAP) meeting to follow. All three days of the audition are mandatory to be considered for team placement.

All audition choreography will be taught in classes the week before auditions. You will only need to learn the choreography for the styles/teams that you will be auditioning for. There will not be any specific choreography taught for variety teams. If you would like to be considered for variety, you will need to learn and audition the jazz, contemporary/lyrical, pom, and hip hop choreography.

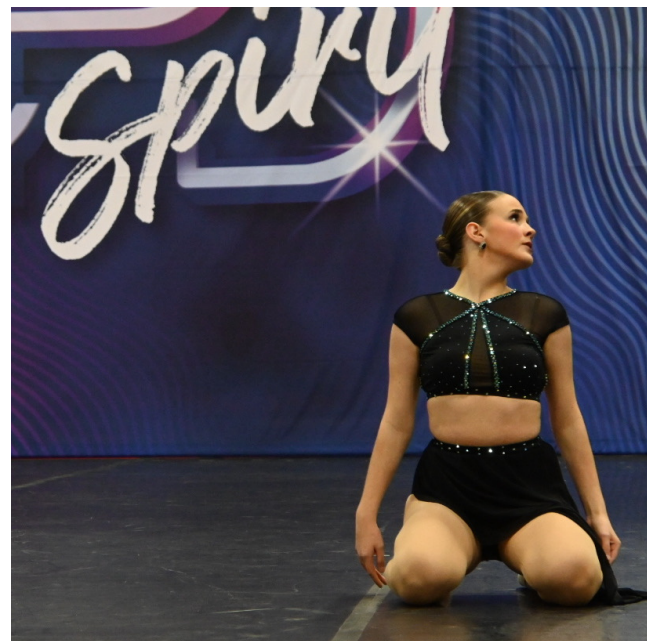
If you are not already enrolled in these classes, you will need to purchase drop-in passes through our customer portal to attend each class. See "AUDITION DATES" to view class times.

In addition to the choreography, dancers will be asked to perform technique combinations that will be taught during the audition. While we do not have a set list of required skills, we create teams by grouping dancers with similar skillsets together. This can vary from year to year.

## TEAM PLACEMENT

Dancers will not only be separated into teams by skillset, but age as well, specifically based off of their birth year. **Dancers are required to attend all audition times that their birth year is included in.** Listed below is the 2024–2025 USASF dance age grid for reference.

- **TINY NOVICE** 2017–2021
- **TINY** 2017–2020
- **MINI** 2014–2019
- **YOUTH** 2011–2016
- **JUNIOR** 2008–2014
- **SENIOR** 6/1/2005–2012
- **OPEN** on or before 12/31/2009





# DANCE ATHLETICS

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## AUDITION DATES

**Saturday, April 13** - All Star Elite Tryout Prep Clinic

**Friday, May 3** - Audition Info Meeting

**Saturday, May 4** - All Star Elite Tryout Prep Clinic

**Saturday, May 18** - All Star Elite Tryout Prep Clinic

**Monday, May 20**

5:00–6:00 PM - Tiny/Mini Hip Hop Audition Combo

7:00–8:00 PM - Senior/Open Pom Audition Combo

7:00–8:00 PM - Youth/Junior Jazz Audition Combo

**Tuesday, May 21**

5:30–6:30 PM - Tiny/Mini Jazz Audition Combo

6:30–7:30 PM - Youth/Junior Hip Hop Audition Combo

6:30–7:30 PM - Senior/Open Jazz Audition Combo

7:30–8:30 PM - Kick Audition Combo (all ages)

**Wednesday, May 22**

5:00–6:00 PM - Tiny/Mini Pom Audition Combo

6:00–7:00 PM - Youth/Junior CL Audition Combo

6:00–7:00 PM - Senior/Open CL Audition Combo

7:00–8:00 PM - Youth/Junior Pom Audition Combo

8:00–9:00 PM - Senior/Open Hip Hop Audition Combo

**Thursday, May 23**

5:30–6:30 PM - Tiny/Mini Audition Combo Review

6:30–7:30 PM - Youth/Junior Audition Combo Review

7:30–8:30 PM - Senior/Open Audition Combo Review

**Tuesday, May 28 - Auditions**

1:00–2:30 PM - Senior/Open

2:30–4:00 PM - Youth/Junior

4:00–5:30 PM - Tiny/Mini

**Wednesday, May 29 - Auditions**

1:00–2:30 PM - Senior/Open

2:30–4:00 PM - Youth/Junior

4:00–5:30 PM - Tiny/Mini

**Thursday, May 30 - Auditions**

INTERVIEWS - Schedule TBD

CALLBACKS - Schedule TBD

5:00 PM - Team Announcements + CAP meeting



## AUDITION REGISTRATION

Dance Athletics All Star Elite Teams are \$25.

To register for Auditions, visit:

<https://app.iclasspro.com/portal/cheerathleticsplano/camps/15?programs=89&sortBy=name>

## AUDITION ATTIRE

- Black Leggings
- Black Sports Bra OR Black Fitted Tank Top
- Jazz Shoes, Half Soles, etc.
- Tennis Shoes
- Low, Slicked Back, Middle Part Ponytail
- NO JEWELRY OF ANY KIND
- Performance Makeup



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## FINANCIAL RESPONSIBILITIES

Thank you for the careful consideration of your financial commitment involved with being a member of our All Star Elite Team Program. We are committed to being upfront with our costs. Tuition includes competition entry fees, **unlimited classes**, and team rehearsals. Monthly tuition does not include annual membership fees, costume fees, travel fees, post-season fees and travel, private lessons, or solo fees. Tuition is divided equally across the twelve month season and will be billed on the first of each month starting on June 1, 2024. Once dancers are placed in our All Star Elite program, your family is financially committing to the 12-month season.

## MONTHLY TUITION

The number of routines dancers participate in determine monthly tuition.

- 1 ROUTINE: \$400/MONTH
- 2 ROUTINES: \$460/MONTH
- 3 ROUTINES: \$520/MONTH
- 4 ROUTINES: \$580/MONTH
- 5 ROUTINES: \$640/MONTH

## ADDITIONAL FEES

The purchase of the following items is required upon making the team and is NOT included in monthly tuition.

- Warm-Up Jacket
- Backpack
- Sweatshirt
- T-Shirt
- Leggings
- Biker Shorts
- Joggers
- Sports Bra X2
- Tank Top
- Tights
- Half Soles
- Tennis Shoes
- Earrings
- ALL COSTUME PIECES

Orders will be placed immediately after auditions during the CAP meeting on May 30. Payment will be due at the time of purchase.





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## PERFORMANCES AND COMPETITIONS

All Star Elite Teams will compete at three to six competitions over during the regular season: one to two local competitions and two to three travel competitions. This does not include The Dance Worlds or The Dance Summit. All travel information will be disclosed after auditions and team placements.

### PREDICTED SEASON SCHEDULE

**October 2024** - First Competition (local)\*

**November 3, 2024** - Blue Debut (local)

**November 2024** - Second Competition (local)\*

**December 2024** - Third Competition (local)\*

**Late January 2025** - NDA All-Star National Championship (local)

**Early February 2025** - Fifth Competition (travel)\*

**February 2025** - NCA Show Off Exhibition (on-site)

**Late March/Early April 2025** - Sixth Competition (travel)\*

**April 25–28, 2025** - The Dance Worlds (Orlando, FL)

**May 2025** - The Dance Summit (Orlando, FL)

*\*TBD - subject to change*

THE DANCE WORLDS AND THE DANCE SUMMIT ARE NOT GUARANTEED EVENTS FOR OUR PROGRAM. IN ORDER TO COMPETE AT THESE EVENTS, WE MUST BE AWARDED BIDS AT PRIOR COMPETITIONS THROUGHOUT THE SEASON. ADDITIONALLY, IF YOUR DANCER IS UNABLE TO COMMIT TO THE DATES OF THESE EVENTS, THEY MAY NOT BE PLACED ON A TEAM THAT IS ACCEPTING BIDS TO WORLDS AND/OR SUMMIT.



# DANCE ATHLETICS

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## REHEARSAL SCHEDULE

Individual rehearsal schedules are determined by the routines athletes are placed in. Rehearsals are held Monday through Thursday in the evenings. Additional weekend rehearsals will be scheduled as needed to prepare for upcoming competitions or performances. The rehearsal schedule for the season will be set after teams placements.

## REQUIRED TRAINING HOURS

Here at Dance Athletics, we do not endorse competing on a team without adequate training to supplement performance. All team members are required to take a minimum of three hours of classes per week. One hour of Ballet and one hour of Leaps + Turns is required. The third hour can be any genre of your choice that you will be competing in. If your athlete is struggling in any area, the DA coaches have the authority to assign additional required training hours and/or private lessons. Athletes who show up for classes and put in the work off-stage will perform more confidently on stage. A structured class schedule also helps develop a strong work ethic, discipline, and self motivation. All of these guidelines are in place to help your dancer. We are excited to see your athlete grow as a dancer and individual through our program!

## RESERVE ATHLETES

A Reserve Athlete is a position that is *shared* with another athlete to accommodate competition schedule conflicts and/or injuries. These athletes are still on the team roster, pay team tuition, and participate in all team practices (i.e., Athlete A and Athlete B share the same spot in a routine and are both Reserve Athletes. Athlete A is not able to participate in two competitions due to High School Drill Team. Athlete B will compete in their shared spot for those events). We want to emphasize that a Reserve Athlete is not an alternate or less than any other position on the team. This solution is in place so we can accommodate athlete conflicts and avoid re-staging routines mid-season, simultaneously allowing athletes in the position more opportunities to dance even if they cannot commit to every competition.





# DANCE ATHLETICS

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## IMPORTANT DATES

**Monday, June 3** - Summer Classes Begin

**Saturday, June 8** - Choreography Day

**Monday, June 10** - Team Rehearsals Begin

**Saturday, June 22** - Choreography Day

**June 30–July 7** - STUDIO CLOSED

**Saturday, July 13** - Choreography Day

**Saturday, July 20** - Choreography Day

**July 29–August 2** - Summer Classes End

**Saturday, August 3** - Choreography Day

**Saturday, August 10** - Choreography Day

**Monday, August 12** - Fall Classes Begin



### CHEER ATHLETICS/DANCE ATHLETICS

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